

July 2016 Issue

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WE DO CARE is a monthly newsflash by
Care Community Services Society



we do Care

Active Lifestyles

CCSS's CARElderly Seniors Activity Centre (SAC) organises a variety of activities designed to actively engage our seniors on a regular basis. On top of daily programmes held at our SACs, we also partner with individuals and companies to line up additional events and activities for our beneficiaries. Here are some of these activities in July:



MUSICAL CONCERT AT CHARITY GOLF DINNER: 25 SAC beneficiaries gave a rousing musical recital at the 2016 Care Community Services Society/Dairy Farm Singapore Charity Golf Dinner on 14 July. They performed an impressive repertoire of familiar local classics like 'Bengawan Solo', 'Munnaeru Vaalibaa' and 'Ye Lai Xiang' with instruments such as hand bells and ukuleles. Their six months of determined practice, under the guidance of instructors from a local music school, was rewarded with a standing ovation.



DOWN MEMORY LANE AT CHINATOWN HERITAGE CENTRE: 81-year-old Mr Lee (above) recounted his younger days of riding a bicycle in the streets of Singapore at the Chinatown Heritage Centre. He was among 19 seniors who enjoyed a nostalgic visit to the gallery on 25 July. They shared fond memories as they walked through mock-ups of Chinatown in the 1960s such as a communal house, a tailor shop with sewing tables, and an egg tart bakery.



SMILES FOR KEEPS: 72-year-old Madam Keh (above left) was excited to have her portrait taken by a professional photographer, a volunteer with the Tan Chin

Tuan Foundation who also organised this photo-taking project with CCSS. Conducted over two days on 18 and 19 July, the photographer (above right) and his wife visited 20 seniors to take candid shots of them in the comfort of their own homes. For many of the beneficiaries, it was their first time having professional portraits done. These framed portraits will be gifts to the beneficiaries.



CELEBRATING HARI RAYA: Visually impaired Mr Tan, 73, (above right), belted out his favourite song at SAC's Hari Raya Celebration. 87 seniors of diverse races together with their family members celebrated Hari Raya at Macpherson Community Club on 16 July. Co-organised by CCSS and a partnering company, the luncheon celebration of fun and games climaxed with the crowd-favourite karaoke.

Celebrate our 20 years of Serving the Community with us!

This year, *WE DO CARE* will be sharing **20 Ways** you can spread Love and Care to the community.

Here are two more ways:

#11 Create a safe and healthy environment for seniors by **volunteering a day to clean and declutter their homes.**

#12 Teach seniors a new skill by **sponsoring a baking class** that is conducted in a professional kitchen.

Contact **Ms Shan Shan** at [6304 7638](tel:63047638) or ShanShan@carecom.org.sg to find out how you can be part of this meaningful celebration!

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Contact us at:

+65 6304 7604

ccss@carecom.org.sg



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